



The Sower

Presbyterian Women in the Synod of Lakes and Prairies

March 2010

Sue Nedderman, editor

MODERATOR'S MUSINGS

Memory...When one gets to a certain age there are all kinds of quips and jokes about memory. My friend Gerry kept a journal and could tell you when the first robin showed up the last year, what the sermon for the second Sunday in Lent was about, how warm it was the day the Twins blasted the NY Yankees. Her fear was in not remembering, so she wrote it down.

Memory...I know the birthdates of my children and their children and their baptismal dates. I remember events by my pregnancies. "Tom and Kristi's wedding anniversary? That was the year I was pregnant with Maggie". Let's see, rheumatoid arthritis was diagnosed just after Christopher was born...

Memory...Where would I be without Kitch's minutes, Sue's *Sower*, Lois's historical scrapbook, Mary's prayer chain, Ann's emails on peace and justice?

Memory...There are many memories I take with me as I leave as moderator for the synod. Each representative or presbytery moderator, every officer, all of the churches we visited and had meals and meetings with, hold a spot in my memory, my heart. I may not remember the exact name or presbytery in years to come, but I will cherish the warm feelings and memory.

Elizabeth Swee, moderator

ATTENTION PRESBYTERY HISTORIANS:

Please send your 2009 History Report to Synod Historian

Lois Hansen

500 South 18th St. #237

Norfolk, NE 68701

Send by Postal Mail or e-mail to hlois@cablone.net by March 31, 2010

Refer to Section 8 page 5 in your PW Manual for guidelines.

2009 PW Presbytery Mission Report Forms – Due March 31st

Don't forget to forward your 2009 PW Presbytery Mission Report Form to Marilyn Stone, PWS Mission Coordinator, 3915 Lake Street, Burlington, WI 53105 or mmstone52@yahoo.com by March 31st! This report summarizes your PW Congregation Mission Reports. Also please forward the "stories" from the back pages of the form and any photos that have been submitted to you. These stories will be forwarded to LaDonna Fay, our CCT representative for possible use on the Together in Service website or in the *Horizons* magazine. Sharing your mission project "stories" plants seeds and inspires others in their mission work.

You don't have a copy of this report form? You can obtain a copy on the Synod website at www.lakesandprairies.org. (Click on Links & Resources, then Presbyterian Women)

How Green Am I?

Do you think this whole "green" thing is a lot of humbug? Suggestion: take several friends and drive out to your landfill. Be sure one is on each side of the car so they can look in the ditches as you move at minimum speed limit. Ask them to count all the plastic bottles, soda cans and bags they spot. You will know when you get closer to the landfill because the fence will be lined with plastic bags, go more slowly and count quickly. If you are really brave, enter the gate and look at the piles and piles of nondegradable objects. You may feel like turning around as you feel disgusted or even nauseous. Is this what we want the next generation to inherit?

You have probably been behind someone in a checkout line who carried bags or baskets. You might have thought it was a nuisance or you might have thought them environmental nuts. But a second thought would have praised them for avoiding spoiling the face of mother earth. If so, then you can loudly join in singing "For the beauty of the earth. . ." next Sunday.

It is so easy to forget to take your own bags or baskets from home. Keeping some in your car would be one possibility to avoid forgetting. Hang one on your coat hanger or get one that folds up very small and carry it along in your purse for the time you unexpectedly make a purchase. If all that fails, ask for paper instead of plastic at the grocery store, it disintegrates.

So what can each of us do to preserve the beautiful earth God created? Stop for a moment to think what disposable things you buy? Will they degrade? Could you avoid buying them and use something in your cupboard even if it means clean up will be a bit longer?

Some congregations have decided to join the fight against styrofoam cups and use ceramic mugs for coffee time. Plastic and styrofoam plates are "verboden" in favor of the forgotten dishes in the cupboards. The lovely stainless cutlery is so much nicer to use; the tines don't break off the forks and the knives don't break when food is cut. Yes, it takes a bit longer to clean up but remember the trip to the landfill? How many fewer bags of garbage will you have? (Garbage bags are usually plastic too!) IF you really feel compelled to use disposable, use paper.

Please feel obligated to give it more than a passing thought. Yes, your little bit will count.

"For the beauty of the earth. . . Christ our God, to Thee we raise this our hymn of grateful praise."

ThanksGiving or thanksLiving??

(Submitted by Phyllis VanGerpen, PWP moderator of East Iowa)

"Thinking Outside the Bottle" – Plastic Water Bottles

To support PW's desire to discourage the use of plastic water bottles that pollute the environment and to encourage the use of tap water, the PW Synod Coordinating Team voted at it's November 2009 meeting to no longer provide plastic water bottles for use at PWSCT meetings and encourage carryover to individual daily life.

The following facts were taken into consideration in making this decision to "think outside the bottle":

- Much bottled water is simply filtered or purified tap water
- Producing plastic bottles uses petroleum and energy
- Tons of plastic bottles go to landfills and are not biodegradable
- Most tap water is closely monitored to meet high health and safety standards, yet bottled water is not closely monitored
- The cost to buy bottled water adds up quickly; this money could go to greater needs
- The profit for companies producing bottled water is greater than that of the pharmaceutical industry (see "Nothing is Sacred: The Privatization of Water" in March/April 2005 issue of *Horizons* on water)
- The consumption of bottled water encourages privatization of a basic commodity that may become less accessible to people without the means to purchase it.

For additional information including a copy of the brochure, [H2O: How to Overcome the Bottled Water Habit](#), visit <http://www.presbyearthcare.org> (click on advocacy, then H2O) or [Tap Water Challenge Kit](#), visit www.ThinkOutsidetheBottle.org.

Volunteers Needed for Special Rebuilding Weeks in Iowa

Nearly two years after flooding devastated much of eastern Iowa, rebuilding continues in cities and towns around the area. Your help is needed.

This spring, Presbyterian Disaster Assistance (PDA) will participate with Church World Service in hosting a six-week ecumenical work project in Cedar Rapids, working with local organizations to help at least 10 families return home. Project dates are weekly from April 11 through May 22. Let's show the world how people of faith, working side-by-side, can make great things happen for our neighbors in need.

Join the effort! For questions, call Sarah Dyck at (319) 321-4165 or [contact by email](#). To register your volunteer team, contact the PDA Call Center at (866) 732-6121, or [register your interest online](#).

Congo Palm Development Project

The "PW Palm Project" was a great success! In 2007, PW made a three-year commitment and set a goal of raising \$60,000 to help our Congolese sisters begin palm plantations enabling them to produce and sell palm oil. The profits from these plantations provide women an income to support their families and also subsidize educational programs, hospitals and clinics in the Democratic Republic of Congo. In fact, PW gave more than \$80,000! The first plantations soon will produce palm nuts! The nuts will be pressed to produce cooking oil for the women to sell locally.

This project has been renamed the "Congo Palm Development Project" since contributions will now help purchase palm oil presses, bicycles to transport the oil, and hire consultants to advise the women as they establish their businesses.

Send your contributions for the Congo Palm Development Project to: PW Remittance Processing, PW Box 643652, Pittsburgh, PA 15264-3652. Specify PW 000007 on the memo line of your check.

Healthy Women Healthy Families Mother's Day Project

Because of your faithful and generous participation, the popular Mother's Day Project in support of the NetWorkers Malaria Prevention Program will now benefit other health projects to protect and care for women and children, *in addition to malaria prevention*.

This change will allow greater support of our African church partners' health programs for women and children. In addition to supporting malaria prevention activities, families in Africa need help with other health issues. Women need early screening for cervical cancer; mothers need to learn how to improve their family's hygiene to prevent disease; children need early screening and immunizations to detect and prevent health problems, and care when they are sick or injured; and women who suffer the tragic consequences of obstructed labor need life-changing fistula repair surgery.

You may remember that Mother's Day cards and promotional materials are provided free of charge. A donation is collected in exchange for each card and the donations are returned to PC(USA) International Health and Development Ministries. These special Mother's Day cards include the message, "*A gift has been made in your honor to Healthy Women Healthy Families, a program which helps improve the lives of women and children in Africa through health education, prevention and treatment programs.*" For additional information, visit www.pcusa.org/health/international. To order cards, contact Gail Bingham at gail.bingham@pcusa.org or 1-800-728-7228, ext. 5573.

Quilters looking for a great hands-on quilt project, here's the perfect project for you!

Quilts for Bellewood

Bellewood Presbyterian Homes for Children with headquarters in Louisville, KY, has served abused, at-risk and homeless youth for 159 years. It is their hope that a handmade quilt can be provided to each youth entering care at Bellewood, as something they can have as their own and take with them when they leave. To learn more about Bellewood Presbyterian Homes for Children, visit their website at www.bellewood.org.

Quilts need to be twin-sized (65" x 80"), of any pattern or material as long as they can withstand regular use and occasional laundering. The quilts will be given to male and female residents between the ages of 13 and 18. Generally there are more male than female residents at any given time. Contact Margaret Coggin, Quilt Ministry Coordinator at mcoggin@bellewood.org if you have questions. Quilts should be mailed to Bellewood Presbyterian Homes for Children, 11103 Park Road, PO Box 23309, Louisville, KY 40223.

"Gift of the Heart" Kits

One of the ways Presbyterian Disaster Assistance has responded to the devastation in Haiti created by the January 12th earthquake, is by sending 35,000 hygiene kits and baby kits to 15 distribution sites in Haiti. As you can imagine, this has depleted the supply of these "Gift of the Heart" kits stored in their warehouses awaiting the next "disaster". You can help replenish the hygiene kits and baby kits by visiting the Presbyterian Disaster Assistance website at www.pcusa.org/pda/help/goh.htm for updated lists of items to include in each kit, as well as how and where to ship them. Be certain to include requested items ONLY (no substitutes) and use only NEW items.

Be creative by hosting a "Baby Shower for Haiti" or some other event to gather the needed items and assemble the kits! Perhaps you can think of a creative way to collect the \$2 per kit "airfare" as well.

Mission Updates

- Denise England - Remember to keep mission co-worker, Denise England, in your prayers! Denise is from our Synod and serving at Cairo Geriatric Medical Center in Cairo, Egypt. Pray that the administrative staff and caregivers would find the desire to improve their own knowledge and the motivation to make the needed changes for improved services for their patients. Pray also that Denise will continue to make advances in her language skills, decreasing the communication gap with the employees. Read about Denise's experience volunteering for Habitat for Humanity – Egypt at <http://deniseeaventure.blogspot.com/>.
- Rolled bandages - While PW no longer collects rolled bandages, there are still some ladies who continue to make them. . . then requests are made wondering where rolled bandages can be sent. Project Cure, which is affiliated with the Medical Benevolence Foundation, still accepts rolled bandages. Their contact information is: Project Cure, 10377 East Geddes Avenue, Centennial, CO 80112 or visit www.projectcure.org.
- PW Mission Project List – An updated list of PW supported mission projects can be found on the Synod website at www.lakesandprairies.org. (Click on Links, then Presbyterian Women).

If you have questions on these or other mission projects supported by PW, please contact Marilyn Stone, PW Synod of Lakes and Prairies mission coordinator, at mmstone52@yahoo.com or at 262/763-0918 (home phone).

Presbyterian Women Asked to Participate in 2010 General Assembly

General Assembly (GA), the highest governing body of the Presbyterian Church (USA), meets every two years in a different location. The Minneapolis Convention Center will be the gathering place for up to 5,000 delegates and visitors July 3-10, and Presbyterian Women (PW) are honored to be asked to participate. Their responsibility is to plan and carry out the "Gift Project".

The "gifts" that visitors will be invited to bring with them are new socks and underwear for men, women and children living in shelters. Our job will be to select the shelters, find out whether they serve men, women and/or children, and how many of the selected items they can use. Based on past experience, we anticipate receiving 1500-2000 items. At the end of the convention those gifts will be delivered by PW to the selected shelters.

Although the Presbytery of the Twin Cities Area (PTCA) is hosting the GA, Northern Waters and Minnesota Valleys Presbyteries are assisting with this major event. Eight churches with active PW organizations throughout the PTCA, and three churches from different cities in each of those two adjacent presbyteries have been selected to participate. Women are contacting shelters in their areas, and each will select a few to receive the gifts.

We are pleased that PW is recognized for its dedication to mission, and that we have been given this responsibility. It is a way to serve many struggling people in our communities in a tangible way, and may foster further relationships between these churches and their local shelters. Thanks, in advance, to the women who are making this GA Gift Project a success.

(Submitted by Ann Rock, Presbytery of the Twin Cities Area)

Changes in PW Remittance Form

You may have noticed some changes in the categories of *Together in Service* on the PW Remittance Form. Here is an explanation that perhaps will help answer some of your questions!

- Roma Development Project includes contributions for **School Supplies Project** for Roma children and donations for the **Weaving a Future. . . Roma Basket Project**
- Congo Palm Development Project includes contributions made to purchase palm oil presses, bicycles to transport the oil, and hire consultants to advise the women as they establish their businesses.
- International Medical Ministry includes contributions for nurses scholarships in Haiti, bicycles for AIDS workers, mattresses for hospitals in Africa, mosquito nets, and any other project connected with health.
- Mission Development includes contributions made in general, for things that don't fit anywhere else.

Roma Development Project

The Roma Development Project is a two-phase project. It includes these two projects.

School Supplies Project for Carpath, Ukraine: Currently contributions to the project will purchase school supplies for Roma schoolchildren.

"Weaving a Future. . ." Roma Basket Project: Plans are underway to help the Roma women of Eastern Europe start a basket weaving micro-enterprise(s), providing them with an income-generating occupation and a source of hope for themselves and their families.

Mail your contributions for the Roma Development Project to: PW Remittance Processing, PO Box 643652, Pittsburgh, PA 15264-3652. Specify PW 000005 on the memo line of your check.

Immigration Issues

Immigration is a subject that raises strong feelings in many people. This country has been built by immigrants, and we are proud of that. But the issue of new immigrants raises concerns in many communities, as has been the case for generations. No matter how we feel, we need to understand the issues so we can have intelligent discussions.

A good place to start to gather facts is on our own denomination's website, www.pcusa.org/immigration. There you will find helpful facts about immigration, refugee status, detention of undocumented persons, the effect of detention on children, avenues for advocacy, and much more. Links to other websites will lead you to more information, such as the location of detention centers (www.detentionwatchnetwork.org) and our present complex immigration laws (www.ilrc.org - the Immigrant Legal Resource Center). Active concern about the U.S./Mexican border crossings can be found at www.nomoredeaths.org.

Presbyterian Women in some of our presbyteries are voicing their concerns to their representatives in congress and urging them to pass the "**Dream Act**" which would give children of immigrant parents important opportunities following graduation from high school that they do not presently have. The PC(USA) Immigration website listed above has a helpful article about this that can be downloaded. The National Immigration Law Center (www.nilc.org) also has up-to-date information.

Recently a Presbyterian Church in the MN Twin Cities area hosted a Community Forum which brought together faith and community leaders to explore and discuss immigration reform and rights from the perspective of our faith traditions. What are some activities you have planned in your churches and presbyteries? We would like to share those ideas with Presbyterian Women throughout our synod.

Julia Thorne, an immigration lawyer and a pastor who is the manager of immigration issues for the PC(USA) in our national office, will be a speaker and conduct a workshop on this subject at the PW Synod Gathering in Storm Lake, IA, this summer. She has a wealth of experience and information on this subject, and we look forward to hearing and learning from her.

(Submitted by Ann Rock, PWS Justice and Peace coordinator)



Book Review

"Going Green" is a common phrase that we frequently hear about, but how can we become informed of meaningful ways to preserve God's earth either individually or as a congregation? The book entitled, 50 Ways to Help Save the Earth: How you and your church can make a difference by Rebecca

Barnes-Davies is a user-friendly guide making a clear connection in a practical way between stewardship of the earth and living one's faith. The author points out that "while most of us think about fighting climate change by altering how we use energy. . . the truth is that climate change is also impacted by our interaction with ALL creation." This book offers suggestions on water, animals, land and other ecological concerns that both affect climate change as well as experience the effects of climate change. This compilation of effective, concrete examples demonstrates how what we do will help change the world for good. What a great resource book!

Mission Yearbook for Prayer and Study

The Mission Yearbook for Prayer and Study inspires Presbyterians daily as they uphold the mission of the Presbyterian Church (USA) in intercessory prayer. This book is part of the ongoing history of faithfulness of Presbyterian Women and demonstrates their commitment to mission and prayer. It dates back to 1892, when women having no role outside the home, met for fellowship and the sharing of "butter and egg" money for mission. Missionaries in the field requested women's donations and prayers, which led to the development of a prayer book to highlight mission work and pray for missionaries on designated days. Through the years, the Mission Yearbook's name has changed, but annual publication continued and has become a major focus of the whole denomination. Each yearbook page shares mission stories, bearing witness to the abundant possibilities of the church around the world.

The 2010 Mission Yearbook includes a color insert section entitled, "Presbyterian Women in Mission. . .", increasing awareness about PW, its purpose, its history of mission work and its vision for the future. It's not too late to order your copy from PDS by calling 800/52402612; asking for item #9781571530967.

Words from your CCT Representative

The CCT met in Louisville on March 10-14. I met with the USA Mission Experience on March 8 and we selected the participants and worked on plans for the trip. On March 9, the Bible Study committee met. We selected an author for the Migration/Immigration study and also selected the topic for the 2014-15 study. It will be II Corinthians.

Plans for the Leadership Training to be held in Orlando next September were announced. Members of the CCT met the leaders and worked through some exercises with them.

A theme was selected for the 2012 Gathering which will be held in July in Orlando. Facilities there are great and we hope you will start making plans to go.

This July, 12 members of the CCT will be going to General Assembly in Minneapolis as observers. I will be one of those.

Please feel free to contact me anytime if I can be of help to you.

LaDonna Fay
Synod representative to the CCT

Leadership Development Coordinator-Synod CT Kay Olson

Congratulations to Sue Gose, Moderator of South Dakota Presbytery! Sue has helped establish two Presbyterian Women organizations in Lemmon and Watertown, South Dakota. (If your Presbytery has started new PW's, let me know so I can acknowledge them!)

At the March Synod CT, a motion was made to encourage all PW Presbyteries to use the title "**Cluster Leader**" rather than Area Coordinator or Network Communicator or Leadership Development Coordinator or Enabler. Motion was seconded and approved. This is not required but all Presbyteries using the same title clarifies and makes it easier to communicate to the right officers.

To All Cluster Leaders: You will be receiving a letter from Kay Olson with information pertaining to your office and what will be available to you at the Synod Gathering June 16-19, 2010 at Buena Vista University, Storm Lake, Iowa. Be watching for it!

Leadership Enhancement

Communication is key leadership skill

As we study *Joshua* this year, we will see the many leadership skills of this new leader. Joshua knew the value of communication and he kept the people informed as they worked to carry out God's instructions. The leaders of Presbyterian Women have in Joshua a great example of a good leader. If PW is to be successful in carrying out its purpose, the women in the pew need to be kept informed of activities being planned, decisions made, and events coming up.

The Leadership Enhancement Committee from Churchwide suggests the following ways to keep women informed:

- Place a PW bulletin board where it may be seen easily. Post information, upcoming events and meetings. Display pictures of events. Keep the information current, changing the display often.
- Connect with the Mission Committee of your church and/or presbytery. Share PW projects and events; discover new ideas for mission work sponsored by the Presbyterian Church.
- Write articles and announcements for PW in the church and/or presbytery newsletter.
- Share information from the Churchwide Quarterly Mailing with leaders in your church, presbytery and synod.
- Teach Presbyterian Women to use the presbytery website, and post articles and announcements about PW on it.
- Communicate, communicate, communicate!

WEBSITES FOR YOU TO KNOW FOR LEADERSHIP DEVELOPMENT

Churchwide website: www.pcusa.org/pw

Summaries of CCT meetings: www.pcusa.org/pw/about/churchwide/meetings.htm

Churchwide **Quarterly Mailing** newsletter: www.pcusa.org/pw Select *About Us*. Select *Quarterly Newsletter*.

PW Staff at Churchwide: Patricia Longfellow Patricia.Longfellow@pcusa.org 888-728-7228 Ext. 8015

Synod website: www.lakesandprairies.org

Synod PW information: Select *Links and Resources*. Scroll to *Presbyterian Women*. Read or print PW newsletter **The Sower**.

Synod PW newsletter **The Sower**: sue@fpchastings.org

Synod Leadership Development Coordinator: Kay Olson 605-336-3585 dkolson@sio.midco.net

BOOK REVIEW

Marjorie Thompson will be one of the main speakers at the Synod Gathering in June

A great book to read and digest is **Soul Feast, An Invitation to the Christian Spiritual Life**, by Marjorie J. Thompson. It is ecumenical, inclusive of all Christians. It appeals to those who sincerely seek God, no matter what their denomination or tradition. (A minister's recent New Year's wish to her congregation was: *"I wish for you that in this year you will seek God as you have never sought God before."*) Marjorie Thompson outlines spiritual practices which create a space for God. Among them are spiritual reading, praying, spiritual guidance, hospitality, and the development of a "rule of life."

Too often church members and leaders are caught up in the whirlwind of life, stressed out by demands of work, family and church. Often there is behavior and language that makes one wonder where Christ is in all of this. I am convinced as we develop a "practice" of staying in touch with God and teach it to our congregations, the church will look less like a worldly corporation and be more a place of worship and healing.

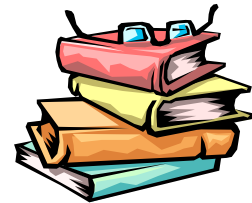
Psychological and spiritual growth are the benefits of studying and applying practices in this book. It can be used by individuals for personal study or it can be studied in a group. Questions for group study are provided in the back of the book.

About the author: Marjorie Thompson received her masters degree at McCormick Theological Seminary in Chicago, studied ecumenical Christian Spirituality at Yale, then joined the staff at a large East Coast Presbyterian Church where she focused on spiritual formation, finally broadening her ministry through teaching, workshops and retreats. In **Soul Feast**, she integrates a solid biblical vision and a practical hands-on approach. Marjorie will be one of plenary speakers at the Synod Gathering this summer. Read her book and come see her at the gathering.

Rev. Linda O'Connell

Moderator of Presbyterian Women in Des Moines Presbytery

Pastor of First Presbyterian Churches in Chariton and Lucas



**Presbyterian Women in the Synod of Lakes and Prairies
Coordinating Team
3/19/2010**

Moderator (2010)	Elizabeth Swee 1714 S. 5 th St. Moorhead, MN 56560-3428	218-236-9346 701-446-7479 bswee@aol.com
Vice Moderator (2011)	Joan Berglund 545 S. 28 th Lincoln, NE 68540	402-440-5478 jberglund@windstream.net
Secretary (2010)	Kitch Shatzer PO Box 142 Ainsworth, IA 52201	319-657-2408 319-461-0266 (cell-preferred) revkitch@hotmail.com
Treasurer (2012)	Terri Sherman 5710 Deer Ridge Dr Eagle, NE 68347	402-780-5330 terrisherman@windstream.net
Search Moderator (2010)	Sue Gose 470 21 st St. SW #204 Huron, SD 57350	605-352-8104 605-353-4354 (cell) goses@hur.midco.net
Churchwide CT rep (2011)	LaDonna Fay 64393 280 th Ave. Byron, MN 55920	507-259-7906 (cell) 507-365-8430 lwfay55920@aol.com
Historian (2011)	Lois Hansen 500 South 18th St. #237 Norfolk, NE 68701	402-371-4997 hlois@cableone.net
Leadership Devel. Coord. (2012)	Kay Olson 3901 Spencer Blvd Sioux Falls, SD 57103	605-336-3585 605-366-2578 (cell) dkolson@sio.midco.net
Sower Editor (2010)	Sue Nedderman 314 N. Cedar Ave. Hastings, NE 68901-5348	402-462-5147 (w) 402-984-3545 (cell) s.medsker.nedderman@gmail.com
Together in Service (2010)	Marilyn Stone 3915 Lake St. Burlington, WI 53105	262-763-0918 262-492-7921 (cell) mmstone52@yahoo.com
Dakota Presbytery Task Force	Sue Gose 470 21 st St. SW #204 Huron, SD 57350	605-352-8104 605-353-4354 (cell) goses@hur.midco.net
	LaVonne Looking Elk 3729 W. Chicago Rapid City, SD 57702	605-716-0888(h) 605-355-2377 (w) sllooking@rap.midco.net
Synod Gathering (2010)	Virginia Dietz 2236 Fairway Dr. Muscatine, IA 52761	563-263-5499 gvdietz@machlink.com
	Sharon Falck 2009 Edmundson Dr. Oskaloosa, IA 52577	641-676-1561 sfalck@mahaska.org
Peace and Justice (2010)	Ann Rock 811 Everett Dr. Stillwater, MN 55082	651-439-0192 acrock1@juno.com

**PW in the Synod of Lakes and Prairies
Presbytery Moderators
3/19/2010**

Central Nebraska (2011)	Geneva John 71131 Rd. 426 Beaver City, NE 68926	308-268-7439 866-726-9384 (cell) ggjohn@frontiernet.net
Dakota (2012)	Cyndi Bighorn 45714 BIA Hwy 200 Peever, SD 57257	605-938-4175 (H) 605-742-3023 cyndibighorn@yahoo.com
Des Moines (2011)	Linda O'Connell P O Box 79 Lucas, IA 50022	641-766-6577(H) 641-203-3660 (Cell) RevLinda@iowatelecom.net
East Iowa (2010)	Phyllis Van Gerpen 3 Walnut Place Washington, IA 52353	319-863-8009 phyllisvg@iowatelecom.net
Homestead (2011)	Terri Sherman 5210 Deer Ridge Dr Eagle, NE 68347	terrisherma@windstream.net 402-780-5330
John Knox	Nancy Johnson 3946 9 th Drive Wisconsin Dells, WI 53965	608-393-4952 (cell) 608-647-8677
Milwaukee	Helen McMaster 3595 Westshire Circle Delavan, WI 53115	262-740-1321 mcmaster.helen@gmail.com
Minnesota Valleys (2011)	Bev Raske P O Box 334 Renville, MN 56284	320-220-4742 (cell) 320-329-3790 (H) baraske@hotmail.com
Missouri River Valley	Joan Hackett 22735 Rifle Ridge Elkhorn, NE 68022	402-332-4460 (h) 402-681-5224 (cell) joanh@whitetroun.net
North Central Iowa (2012)	Pat Hauser 1003 G Avenue Grundy Center, IA 50638	319-824-6554 grundyfp@iowatelecom.net
Northern Plains (2010)	Elizabeth Swee 1714 South 5 th St. Moorhead, MN 56560-3428	218-236-9346 (h) 701-446-7479 (cell) bswee@aol.com
Northern Waters (2010)	Mary Daniels 922 E. Fillmore Ave. Eau Claire, WI 54701	715-834-3078 maryadaniels@aim.com
Prospect Hill	Maralee Langholz 2708 Francis Sties Spirit Lake, IA 51360	712-336-0374 hnalmm@mchsi.com
South Dakota (2012)	Kay Olson 3901 Spencer Blvd Sioux Falls, SD 57103	605-336-3585 605-366-2578 (cell) dkolson@sio.midco.net
Twin Cities	Heide Buettner 1120 Westchester Ct. SW Stillwater, MN 55082	507-285-1484 hstitch@yahoo.com
Winnebago (2010)	Jan Nelson 985 N. Broadway #71 DePere, WI 54115	920-338-0155 jnelson51@new.rr.com

The Sower

Non-profit
U.S. Postage Permit 37
Hastings, NE

Presbyterian Women in Synod of Lakes & Prairies
First Presbyterian Church
621 North Lincoln Ave
Hastings, NE 68901

RETURN SERVICE REQUESTED

This newsletter is being sent to all who attended the 2007 Synod gathering, all presbytery moderators, women seminarians and the synod CT members. Please make copies of this *Sower* and give those in your PW group a copy. Urge them to share it with others. Don't keep this info a secret!!

Moderators,

DON'T THROW ANYTHING AWAY! If you receive something in the mail and you don't know what it is, ask someone!

If you are no longer the moderator or don't wish to receive this newsletter, please let Sue Nedderman know who the current moderator is or request to be taken off the mailing list at sue@fpchastings.org or call 402-462-5147.

We would like to send it by e-mail to as many as possible. Let Sue know if you can receive it by e-mail.

Internet Websites for Presbyterian Women Resources

PW Mission Matters – Together in Service	www.pcusa.org/pw/missionmatters/tis/index.htm
Aids International	www.pcusa.org/aids-international
Bellewood Presbyterian Homes for Child.	www.bellewood.org
Bread for the World	www.bread.org/
Church Women United	www.churchwomen.org/
Church World Service	www.churchworldservice.org
Cottage Grove PC Kitchen Project	neitherthecat@aol.com
Denise England	http://deniseeaventure.blogspot.com
Faces of Children	www.facesofchildren.net
Fellowship of the Least Coin	www.pcusa.org/pw/leastcoin/index.htm
Gifts of Heart Kits	www.pcusa.org/pda/help/goh.htm
Habitat for Humanity	www.habitat.org/
Heifer Project International	www.heifer.org
<i>Horizons</i> magazine	www.pcusa.org/horizons
International Health and Development	www.pcusa.org/health/international
Living Waters for the World	www.livingwatersfortheworld.org
Medical Benevolence Foundation	www.MBFoundation.org
Mission Connections	www.pcusa.org/missionconnections/
Healthy Women Healthy Families Project	gail.bingham@pcusa.org
Presbyterian Disaster Assistance	www.ppcusa.org/pda.htm
Presbyterian Hunger Program	www.pcusa.org/hunger.htm
Self Development of People	www.pcusa.org/sdop/
Shallow Well Program	http://marionmedical.org/water
Ships Project	www.theshipsproject.com
Synod of Lakes and Prairies	www.lakesandprairies.org
Teddies for Tragedies	www.teddiesfortragedies.org
TRIP Travel / Study Tours	http://www.pcusa.org/pw/resources/trip.pdf
Wrap Project	http://pcusa.org/aids-international



The Wonder of God's Promises
Will be revealed to you at
The Synod of Lakes and Prairies
Gathering of Women
June 16-19, 2010
At
Buena Vista University
Storm Lake, Iowa

Registration is now open for the Synod Gathering. You should have received a registration booklet by now in the mail. If you haven't received one, contact your presbytery moderator. The booklet and registration form are also on the synod website www.lakesandprairies.org. Click on "Links & resources", scroll down, then click on "Presbyterian Women".

There is a small error on the registration blank that was mailed with the booklets. In the list of workshops on Friday afternoon, there are two number 12s. The second 12 should be 13. Please make this change. The corrected version is on the synod website (see above).

Our on-site mission project at this gathering will again be to cut and tie fleece blankets. These blankets will be given to Linda Masey, a nurse who goes to Kenya several times a year to work with the Masai tribe. She will take the blankets and use them with children. Please bring 1 ¼ yards of fleece, in a children's theme or a plain color, to be used for this project.

Registration fee for rooms and meals \$250 (Suite) \$230 (Dorm Room)

All rooms are air conditioned. All plenary sessions and workshops will be in the Siebens Center, which is a short walking distance from parking and your rooms.

BIBLE STUDY COUPON

I plan to purchase _____ copies of the 2010-2011 Bible study book at the gathering.

Mail this coupon to Reta Johnson, 1926 Vienna Ave. Woodbine, IA 51579 or email the number to her at gettinbyranch@iowatelecom.net.

If your presbytery moderator usually gets these for the congregations in your presbytery, check with her before you send in a number on your own.